

1 000 Lowfat Recipes 1 000 Recipes Series

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The Normal A1C Level - Diabetes Developments Reply David Mendosa June 19, 2016 at 8:57 am. Great question, Arun! I haven't voiced it before, but I have been thinking along the same line. Here's why: 1) An A1C level of 5.5 is probably the average level of people who DON'T have diabetes.

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